



Zoosh

October 31, 1998

**M**any of you have read with great interest the experiences of various contactees with UFOs and sometimes with those who ride in UFOs. There are a few of you reading this who have not had exposure to such material. Either way, it is the intent of this book to reveal to you more about the occupants of those ships, perhaps even commenting on things that the contactees themselves either do not remember or were not exposed to at the time of their contacts. There will be some attempt to explain the civilizations and their motivations, what prompted them to come to Earth to contact the citizens of Earth and what, in general, this all has got to do with you now.

#### Betty and Barney Hill

Starting with Betty and Barney Hill is a fine beginning. These people, after all, took a great deal of flak from fellow human beings because of this experience. But on the other hand, they were very —how can we say? — influential with the average reader since the story appeared in well-circulated magazines of the time, thus exposing the entire UFO phenomena to a broader audience and offering some significant insights into the potential truth of the experience because of Betty's memory of the map.

The Hills were contacted by Zeta Reticuli beings who were quite active



Courtesy of Ben H. Swett

Figure 1.1: Betty and Barney Hill, after their famous 1961 experience.

at that time. These true contactees were not recognized for their full experience, but this was partially due to the fact that neither one of them wanted to broadcast it. But after a time they felt that they needed to understand the experience and were open to a certain amount of exposure so long as it was not harmful.

I want to say this right off the top: Barney's passing was not related to the experience. I want to say that for his family. It might seem that way to some because of the extra stress. However, at the time of the experience, it was noted by those who took Barney into the ship that he had certain conditions, and there was some therapy given to Barney. This was considered to be a reasonable thing to do. The two were picked up because they were available and because they both had had previous lives on Zeta Reticuli.

The Zetas are unique in this aspect. Other ETs do not exclusively contact people (human beings) who have had previous lives or might have future lives on Zeta Reticuli. Other ETs contact people with whom they have not had any acquaintance, but the Zetas will only contact people on Earth who have either had past lives or will have future lives on Zeta Reticuli.

Since Betty and Barney had both had previous lives on Zeta Reticuli, the Zetas felt that there was acquiescence, a permission that came from the past soul experience. When they were taken aboard, Betty and Barney were both taken to separate chambers in the ship. They would refer or

relate to them more as chambers than rooms, and it was quickly noted by the ETs that Barney had certain medical conditions. This is not unusual to ETs, especially Zeta beings. If they know that a human has certain medical conditions, they will first check with their guides to see if any interference that they might be causing would bring harm or if it would be possible to perform some action or activity that would be acceptable and might help the person, in this case Barney.

Receiving permission that it would be all right to do some therapy since being picked up might in fact have caused Barney some stress, the Zetas felt that they were obligated to do something. So they actually did compensate for the stress by making some slight alterations to Barney's endocrine system, which from that day forward, to give you one small example, changed the makeup of Barney's sweat.

This allowed him to sweat off a little more of the toxicity in his body associated with his medical conditions and allowed him to live his life out to the end of its natural cycle. In fact, Barney lived a couple of years past what would have originally been the end of his natural cycle, because the Zetas felt obligated to assist him, since they did not wish to harm him in any way. I want this passed on to the families so they know that the overall experience was benevolent.

Neither one of the Hills remember this, but there was some time lost. The Zetas remember that. The vehicle actually did not remain on the ground; the Zetas realized that they could not park a ship on the ground, even in a remote area, without drawing some attention. So the examination as well as other experiences took place well beyond Earth's atmosphere. They did not go to their planet, but there was some cruising about. They showed both Betty and Barney Earth from a distance and a little bit of the control room of the ship.

Did they pick up the car too?

No, the car remained there. They thought that was all right, since a car parked in the woods would not be considered suspicious. The flight and the examination took a couple of hours. The Zetas made a request to the spirit guides of both of the Hills that the Hills not remember much of the flight for a time, although it is possible that they did dream about it later. I'm pretty sure that Barney did. I mention this because Barney did speak of things and write some things down. Some family members who are still around today might remember it, and I want you to know that what he remembered is true.

## Hybrids for the Preservation of the Species

This is the early 1960s. What was the Zetas' main motive? Why did they pick the Hills up?

At that time, the Zetas were finishing up their contacts with people on Earth because they knew that very shortly the U.S. and the Soviet Union would be developing radar systems so powerful that they would unintentionally be interfering with navigation systems associated with physical travel (as compared to time travel), and the Zetas knew they would not be able to come to the planet much longer. So they were still checking Earth people. At that time, Zeta Reticulans believed that their civilization was dying out. As a result, they were still gathering genetic material in the hopes of perpetuating their species, and they were trying to gather it exclusively from beings —souls, you might say —who had some connection with them, so at the soul level there would be a desire to preserve the species. That would be from the Zetas' point of view.

Occasionally, people they would contact would be with other people who would also come onboard —for instance, the children of the people they would contact and so on. The people donating genetic material, in this case the adults (I'm talking about an example here, not the Hills), would always be those with a connection to the Zetas. But even if the children did not have a connection to the Zetas, they would still be taken onboard, and a crew member would be assigned to play with them.

At that time, the Zetas were still concerned about this. Years later they discovered, as is explained in the first and second Explorer Race books, that their civilization was changing dimensions and therefore the need to perpetuate their species with various types of hybrid races was not necessary. As a result of their hybridizing their race, the Zetas would now have the responsibility to look after those hybrid races and see that they be raised properly, and that caused the Zetas to make a few extra contacts, especially with mothers with children, to make certain that the Zetas would be able to give the children of hybrid races that had been fostered by the Zetas the proper attention when they (the parent race, from their perspective) visited, although the hybrid races themselves would, of course, have natural love for their children.

Do you think they picked up mothers and children in order to learn how the mothers mothered their children?

Yes, because for thousands of years their race had been cloned, and mothering was something they did not know. However, since they had created hybrid races and had brought them along as best they could and the

hybrid races all had children the way you have children, the hybrid races had a greater knowledge of how to mother children than the parent race did. The parent race wanted to know how to mother children when they visited them, so they would have to get advice from beings they thought would be experts on mothering. And so, of course, they came to Earth.

### Contacts Were Benign

So does that hold as a principle, then? So many of these people who have recorded these experiences have called them abductions, but all they were really trying to do . . .

I'm going to tell you something now. Abduction is a currently popular word that has been placed upon these experiences. Very few contactees have ever called these experiences abductions. Only in recent years have other people called them abductions. Now, some contactees will call them abductions, but they were not abductions, because, granted, they were taken from their lives for a few hours, but it was not done for any malevolent purpose. If you go back and read the material from the 1950s and 1960s, you will not once see the word "abduction" appear in any of that material—not once. It's only a current buzzword.

Okay, so the Hills were picked up and genetic material was taken. This was not always sexual; it could be just DNA, right?

It was rarely sexual. Usually it would be some thin scraping of the skin's surface to pick up some dead skin cells in order to get the idea if this DNA would be useful to them and whether it would be worth going any further. And if it would be worth going any further, then there might be other samples taken.

Sperm was not so common, but sometimes sperm and eggs were extracted if—and this all depended on a big if—the Zetas felt in that moment, with those people, a great concern that their race was dying out. So it wasn't always done. It also had to be when they scanned the material, the initial collection from the surface of the skin, that they felt, "Oh, this is really powerful DNA, and it will combine with ours well."

There were usually some deep-set memories placed at the subconscious or unconscious level, inside the innermost consciousness of the participants—as the Zetas would call them, the Earth people, the contactees—about why this was going on. And the Zetas, being an unusual race of beings, would not explain why, because they would insert a memory, as you might insert memory into a computer, that was intended to flower at a later date, usually in the form of a dream as to what this was all about.

It was their belief at that time, in the 1950s and 1960s, that the rest

of the population, the Earth population, could not handle too much knowledge about extraterrestrials, and so they tried to make the contacts with the contactees as discreet as possible —not because they were trying to hide out or protect themselves, but because they wanted the contactees to remember as little as possible so that their lives would not be disrupted. It was a kind gesture, even though it did not always work out.

That's why when people would ask, "How come you're doing this? Why are you doing this?" they wouldn't answer, because they didn't want to talk to the conscious mind about this knowing; the unconscious or subconscious would reveal it later.

What percentage of people actually remembered? Many people never did, right?

Most people remembered at some point in their lives, some of them very quickly after the experience, such as Betty and Barney. Others took twenty, thirty, forty, fifty years, but all would remember at some time before the end of their natural cycle.

Some people obviously never talked about it then?

Of course.

### The Magic Book of Light

How many people would you say the Zetas contacted, beginning in the 1940s?

Beginning in the late forties, I'd say they contacted no more than thirty-eight hundred. And I'm not counting contacts where children were with their mothers, because while this was a contact, there were no scientific experiments going on and the children would just be entertained. The Zetas love children.

But these thirty-eight hundred . . . Were some of those multiple contacts?

Yes, some people were contacted numerous times, because either they had something to offer to the Zetas, or some kind of conversation or interaction occurred between the Zetas and the contactees that prompted the Zetas to feel that working with these people —even just communicating with them —or, as in the case of certain contactees, that giving them the book (as I will talk a little bit more about in a moment) would encourage them to develop their spiritual lives more profoundly while they were on Earth and hopefully help the civilization on Earth in some benevolent way.

So some of the contactees, though not many, were temporarily loaned the book —or, as in Betty's case, they were allowed to see the book, to

examine it and, most importantly, to touch its pages. The book had different guises. In one guise, it looked exactly like a book, with what appeared to be foreign lettering on the outside and a little bit of lettering on the spine —on the cover and on the spine, you understand. If one opened the pages, there would be something like paper, and there would be more letters in a foreign language, a Zeta symbolic language.

But that is not the only guise in which the book appeared. The book could also take on a different form. The same book, the book of light, is described in significant and exact detail in a story that Robert was inspired to write, a fictionalized account of his own contact with the Zetas called Jamie and the Magic Book. It was fictionalized, but in fact many of the things described—not all—were actual, specific recollections of the contact.

Is this something to promote or put out?

You might, but I think it would be better to put it out as an actual contact experience rather than as a fictionalized story. It wouldn't be difficult for him now to go through it, describe or just cull the parts that are actually associated with his own personal contact and talk more about that, and I can fill in details too. The story is nice, but I think it is meant to be reported as a contact experience. He has discussed it numerous times at UFO conventions and so on.

In any event, the Zeta book in its other guise is a book of light. It would have covers like an ordinary book, but when closed it would have light coming out of it, light of many different colors. When opened, the pages would not be possible to grasp as one might grasp an ordinary book page, but . . . Do you have your camera? I'll tell you when to take the picture.

You couldn't grasp the pages. You'd have to turn the pages over like this. You put the flat of your hand under each page, like this, and you would simply turn them over. So the pages, in other words, would have to be nudged over, and then as one page was turned over, another one would pop up enough so you could get your hands under it and turn that page over. The pages had nothing printed on them but were color, like a rainbow of color, and the colors would dance about and were quite astonishing. Touching the pages in this way, you would get your hands on the pages and feel a great deal of energy running up and down you, and the energy itself would greatly enhance your spiritual capabilities within that life.

At most, people would be given a loan of the book for ten days. In Betty's case, although several of the people on the crew wanted to loan her the book for ten days as was their custom, there were others on the ship who felt that it would not be safe, because —and this is why, in case



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Figure 1.2: Zoosh through Robert Shapiro, demonstrating how one holds the book of light.

there is any lingering doubt —they were not sure they could come back to where Betty and Barney lived to pick up the book. This was because there was a military installation close to where the Hills resided, with radar powerful enough that it might not be safe for them to come. That is the exact reason why the book was not given to Betty, even though some of the beings —some of the Zetas —told Betty they would loan her the book. She was disappointed when they did not, but that’s why. In any event, those who did have the book would not necessarily remember it. In Robert’s case, he didn’t remember for thirty years that he had the book, but that memory came back to him. It just took him about thirty years to remember it.

So some of the multiple contacts would simply be to get the book back?

Yes, but oftentimes the people who had the book were given it because the Zetas felt they could make some kind of spiritual contribution to the Earth people—of the Earth people’s choosing in some way, in a large or small context—that would perhaps be benevolent for the people of Earth. As a result, if it was safe, the Zetas would come and see these Earth contactees once a day. In Robert’s case, they came once a night, for ten nights. And



on the tenth night, they showed him what the book was about. We'll put out Robert's full contact experience here at some point.

Robert just thought it was a book of light. He didn't quite remember what it was about, but one of the Zetas waved a hand over the book, and by utilizing a small circuit within his hand (it wasn't magic), the book changed from a book of light into a book with physical pages—the same book, with print on the outside. Robert said, "What does that print mean?" The print read, *How to Be a Good Ambassador*. That's what they told him.

Their idea was that Robert had the potential to help prepare the human race for contact with extraterrestrials. Of course, he is not alone in this; there are many people who are helping, but they believed he might make a contribution, and so they invested their time and energy in his education.

### The Final Regular Contacts

When was the last contact with them, then?

The last regular contact was right around 1961. They've been able to sneak back in briefly a few times between radar waves, but they've done so reluctantly, partly because they try not to upset you. After all, with the sophisticated air defense warning systems that many of your countries have now, it would be very easy for France, England, the United States, the former Soviet Union or Russia and other countries to see something streaking across the sky, think it was a ballistic missile and respond by starting a war. The Zetas' whole point is that they wanted to be discreet. However, at times they were able to make appearances, and they continue to make some appearances with the ships, without directly contacting human beings on the Earth —with a few exceptions.

You said the last time they contacted humans was in 1961, and then you said they continued.

They continued revealing their presence, meaning that their ships would show up.

For how many years?

Oh, they still do it.

They still do it, and they started before the late 1940s. They were here in the late 1930s, weren't they?

Not contacting human beings directly.

They weren't?

They weren't picking people up and taking them on the ships.

How many Zetas were there? How many crews and ships? Did they have ten, a hundred, a thousand? How many books of light did they have? How did all that work?

At any given time they had no more than three ships that would be around on the Earth. Occasionally they would have five, but that would be it. And each ship had a book. That's all. It wasn't very complicated.

How many beings were there on a ship?

Oh, from three to nine, tops. They weren't always Zetas. Sometimes there would be a Pleiadian or two. The Zetas had a good working relationship with the Pleiadians. Occasionally they would ride on Pleiadian ships if there was considered to be a value or purpose to it.

When the Zetas talked to Barney and Betty and showed them the map and the book, how did they communicate? Telepathically?

Yes. They would communicate telepathically, because the physical makeup of their bodies did not allow them to make the elaborate sounds that human beings make. They did not have the physical apparatus and so on. Telepathic communication was the natural way of doing it. Their natural way of communicating telepathically between each other isn't with words, but they utilize that system to communicate with humans.

### The Power of Human Emotion

Did they put some sort of force field around themselves so that they didn't feel the humans' field?

They had a mechanism that they used so that they were not impacted by the emotions of human beings, because emotions are significantly more powerful than even you on Earth realize. Sometimes one human being's emotions can greatly affect another human being's emotions even if they don't come into any contact with each other. The Zetas have basically one expressed emotion, which is sort of a mixture of calm and peace and love or gentleness (love from them would be felt by a human being as gentleness), and your full human array of emotions, including fear or anger, would cause them to become physically ill and would probably kill them. So they needed to protect themselves.

How were the first few contacts with humans when the Zetas decided they needed DNA? Were there Zeta casualties? Did they protect themselves before they ever started?

The Zeta beings lost about eight or nine people before they realized the full impact. At first they thought they were picking up a germ organism from human beings and they became very sanitary, not unlike what one would find in a surgical operating theater. But that didn't seem to

prevent it. It takes Zetas a while to understand things. Even though they have amassed a great amount of knowledge, it's working knowledge, and to acquire new knowledge that is not within their species or their culture is difficult, not unlike how it is for you. It is difficult for you, for instance, to go to another completely different culture and amass a great deal of understanding about that culture immediately. You need time. The Zetas are the same.

The learning curve.

Yes, it took them a while to grasp that they were being impacted by your feelings, and they got most of this guidance from their guides, but they couldn't believe it at first. It wasn't that they disbelieved their guides. They just couldn't believe that they could be impacted by feelings to the point of death. After a while they had to admit it, and that's when they reluctantly started using this device that electronically creates a thin barrier around the individual wearer to keep the wearer from feeling the feelings of others.

This was something they did very reluctantly, because they were fully aware that it would greatly complicate communication between the different species; that's one of the reasons why they were so reluctant to use this mechanism. Finally they did it and then continued communications with Earth people in the blundering style often reported by contactees.

It sounds callous and distant, and the human being wants to know, "How come you don't understand I'm in pain?" Of course the Zetas can't understand pain, because the experience would kill them. Those Zetas who were allowed to contact human beings, you understand, were also specially trained to never get agitated, because there are circumstances on Zeta Reticuli in which Zetas do get excited or intensely involved in experiences of their own. But they were trained to remain as calm as possible, because it was believed that this would help the human beings to be calm, and to some extent that's true. Even today, one finds that medical professionals are trained to remain calm even if they are upset on the inside.

So the common denominator of all the Zeta interactions during those years was to procure DNA samples or specimens?

Let's not call it the common denominator. Let's say it was the basic motivation, but it wasn't always the common denominator because there were some people whose genetic samples weren't . . . They were looked at, and the Zetas said, "Oh well, these won't do us any good." The only reason they would continue contacting those people

is because there was some feeling that these individuals could make some spiritual contribution.

This is not to say that other contactees —those who didn't have the lengthy ten-day contact, for instance —were not making spiritual contributions in their lives. Everybody who had this contact would have his or her spiritual body invigorated. But it was more so for the people in whom they invested a ten-day contact. That was more like a ten-day apprenticeship.

How many of the thirty-eight hundred did they do that to?

They only did that with, depending on how you count it, about eighty-nine to one hundred fifteen, and the reason I say "depending upon how you count it" is that sometimes, although they had mothers and children on the ship, they would be working with the children, but this wasn't their primary . . . In any event, I don't have to go into those details. They did it with eighty-nine to one hundred fifteen.

#### Children of the Zetas

I see. If they saw that the children would make a contribution, they would work with them.

Yes, and they would do things besides play. They would turn the play into something educational.

There are books about many, many children gathered together on what they are saying are Zeta ships where they are being educated. Are these Zetas? Is that true?

Yes, that was done in the hope that these children would somehow blaze the trail and get your society, your global society —the Zetas never recognized political boundaries —prepared to meet them and others. Although when you have a public contact —meaning everybody knows about it—the first one is most likely not going to be with the Zetas. It's going to be with someone who looks like you. Nevertheless, they would work with the children, because the children could interact with the Zetas without fear. With no fear, the Zetas can release the mechanism that protects them and have much better communication with the children, and the children with them. That's why the Zetas tend to trust children more than they trust adults, because they are not concerned about the children exhibiting fear. Little children see an ET, and if that ET looks different to them, it's nothing. For a child to see a dog or a cat is no more or less of an ET experience than it is with an actual ET like a Zeta.

The Zetas didn't have large groups of twenty or thirty children coming up regularly, then?

Not on these ships, but some Zeta beings did. That was on a larger ship, which wasn't always a Zeta ship. But the Zetas might be present because of their special affinity for working with children. Pleiadians also have this affinity, but after a while it came to be that the Pleiadian ships couldn't come as regularly as the Zetas, because the Pleiadians — being much closer in alignment with the biological makeup of human beings—would be even more susceptible to feelings radiated by human beings or pollutants in the air, to electrochemical pollution and so on. The Zetas could still show up, in their ships at least, after the Pleiadians couldn't anymore. The Pleiadians are a little more susceptible.

So these children who were trained on these other ships —without naming any of them—was that energy put into them? Did it flower? Did they make a contribution to the planet?

They didn't have memory capsules put into them. They showed the children the past history of the Earth. Of course, the Zetas and Pleiadians didn't show everything, but they showed some of the drama without making it traumatic for the youngsters. They didn't want to scare them. They were shown the past history of the Earth as it has been, as well as the present and the future —what would result if you stayed on that same timeline.

Then they showed them the desired past, the desired present and the desired future, which are all very benevolent. That's it. The children, while they might be young, are not stupid; they understand what's better and what isn't. The whole point was to say, let's work to bring about that benevolent past, present and future.

And the children did that?

They're working on it, obviously. They're not there yet.

### Timelines and the Limits of Linear Memory

But you said we did leave the old timeline.

We left the old timeline, but looking around it is obvious even to the most casual eye that you do not have a benevolent present, is it not? You're not there yet.

So is this like an intermediate timeline?

Certainly. When you get to the point where your body consciousness can recall and experience only a benevolent past, a benevolent present and a benevolent future, then you'll be in a better space and on different timelines. The timeline continually changes. This is, of course, another reason why people are having more difficulty remembering things;

Never Forget That

WITH TIMELINE CHANGES, YOU CANNOT UTILIZE  
A LINEAR MEMORY IN A NONLINEAR CONTEXT.

If we search out cases then, and they are related to the Zeta, they're basically going to be all pretty much the same.

There will be a lot of similarity. One of the more famous Zeta cases, where fortunately the contactee was a pretty good artist and has given the world a wealth of sketches and drawings and recollections and so on, is the now well-known (and in this field of discussion, well-established) case of Betty Andreasson. I urge you all to read books about Betty's contacts, and you will learn a great deal about Zetas. They singled her out. They wanted her to know lots and lots about them; they took her to their planet and they honored her. They did many things.

I was going to ask about that one.

Occasionally they would honor someone. They would feel something special from someone and they would take that person to the planet, and in Betty Andreasson's case they gave her a great honor. They had an assembly wherein they did a renewal. This is part of their spiritual existence in which they have an experience that they create both on the feeling level, with all the Zetas present, and on the mental level. It is very much like an image of a renewal with a phoenix experience. [See Chapter 2 for a more detailed discussion of the Ceremony of the Phoenix.]

I didn't realize that was Zeta. Did she use the word Zeta in the book?

You'll have to check the books, but she made it very clear. Take one look at any sketch of the ETs that she was in contact with and you'll say, "Oh, well, those are Zeta beings. I think they're recognizable." It is a great blessing, you understand, that she is as good an artist as she is, because very few contactees are good artists. There's another one who I think sent you some slides of his once where he showed pictures of Zetas jumping around in a field. He grew up on a farm. His name does not come immediately, but he has a wonderful painting of Zetas as he remembered them, jumping around in the flowers in the way they would to entertain a young boy.

The goal of our present-day opening to our potential is eventually not to remember any of these at all, then?

It is like steps. Think back on your own progress. There are many things you now know absolutely —not just on the spiritual or intellec-

tual level, but also simple things. For instance, you might not remember all of the steps from when you first learned how to drive or when you first learned how to type, but you have the knowledge that you have today, and it is now first or second nature —you drive and you type, and you don't even think about it. You might say that it is similar in the sense that one learns things in stages, and as one becomes an expert, at an advanced stage, one tends to forget the earlier stages.

That's a good way to look at it.

Tomorrow night we'll probably hear from Joopah and get more on this, because Joopah is the person who contacted Robert, and he has been contacting and has contacted others on the Earth, and he will talk about that. So we'll continue with this Zeta business on Monday.